

A 12-Step Study – M.A.L.E Anonymous



What: The *Saturday Morning Men's Group of Illuman NM* is hosting a twelve-step study. All men from *any*-*every* Illuman chapter or any recovery program and newcomers are always welcomed. Many of us have discovered that recovery can be an expansive resource of healing, non-violence, forgiveness and inspiration in our men's work. Recovery provides a simple step-by-step approach to rebuilding our lives and our self-confidence in an atmosphere of unconditional love, our old defenses become not only unnecessary but clearly undesirable on our journey.

Host: Sat. Morning Men's Group – Illuman NM (Gene G and Jim M)

Who: All Illuman men, any recovery program, from any spiritual path, sincere seeker

Required Text: We will use the book "How Al-Anon Works for Families & Friends of Alcoholics" <https://al-anon.org/for-members/members-resources/literature/feature-publications/how-al-anon-works-for-families-and-friends-of-alcoholics/>

Many of us have found this book very applicable to the lessons found in the *Men's Rites of Passage and a source of unfolding inspiration*. Please obtain a *paper copy* of the book.

When: Wednesdays Evening at 6:30 MST (90 minutes max)

Duration of Study: Feb. 17th – May 12th (13 sessions)

Why: We study the 12 steps and share our experience, strength and hope to solve our common problems found on the path of masculine transformation.

How: You Sense the Call, Push/Pull, Tug, Etc. from Your Higher Power, God, Great Mystery, etc.

Registration form: In order to keep the edges hot, if this invitation speaks and/or resonates with you, we are **asking you to make a strong commitment to yourself and to the group to meet for the entire 13 weeks**. In order to build a strong container within the group, once the group has started to meet, we will not be adding new members after the second meeting on Feb. 24th.

We are men who speak from the heart. We are men who listen from the heart. We are men who are lean of speech. We are men who are spontaneous and authentic. We are men who respect confidentiality.

Please copy/paste in an email the following email: info@illumian-nm.org

Name: _____

Address: _____

Email: _____

Phone number: _____

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